TIME – 90 min

Task 1. Listen to four teenagers telling everyone in the posts about the happiest moments of their lives. Match the sentences (1 – 8) with the speakers (A, B, C or D). You will listen to the texts twice.

A. @Keiraiskool
B. @Brad4ever
C. @ArtyAmy
D. @Nerys14

1. There may be more moments like this again soon. _____
2. Now I can do a lot of things I couldn't do before. _____
3. I know what I want to do in the future.____
4. It happened in front of a lot of people.____
5. I did things like this before, but I didn't feel the same afterwards.____
6. I was worried for a long time.___
7. My dream is now coming true.___
8. He had a bad experience on holiday.___

1.	2.	3.	4.	5.	6.	7.	8.

Task 2. Listen to the song. Almost all the adjectives were rubbed out of this song. Can you restore them? You will hear the song twice without a pause. Write your answers into the gaps then copy them onto the answer sheet.

Raindrops on roses
And whiskers on kittens,
9._____ _____ kettles
And 10. _____ _____ mittens,
11. _____ _____ packages
Tied up with strings
These are a few
Of my favourite things.
12._____ _____ ponies
And 13._____apple strudels,
Doorbells and sleigh bells
And schnitzel with noodles,
14._____ geese that fly
With the moon
On their wings
These are a few
Of my favourite things.

Girls in 15._____ dresses
With 16._____ _____ sashes,
Snowflakes that stay
On my nose and eyelashes,
17._____ _____ winters
That melt into springs
These are a few
Of my favourite things.

When the dog bites,
When the bee stings
When I'm feeling 18._____
I simply remember
My favourite things
And then I
Don't feel so 19._____.

9.		
10.		
11.		
12.		
13.		
14.		

15.		
16.		
17.		
18.		
19.		

Task 3. Read the text. Decide if the statements (20 – 25) are true (T) or false (F) according to the text.

What makes you happy? Maybe it's not what you think ... Do you know what makes you happy or do you just think you know? At first, these two questions look the same. If you think something makes you happy, then it makes you happy. You know yourself, don't you?

Write a list of all the things that make you happy. How many of them are fun? Most of them? So, if you spend your time doing all these fun things, you'll be really happy, won't you?

Well, maybe not. For most people, fun isn't enough for real happiness. Paul Dolan wrote a book called Happiness by Design. He thinks happiness comes from both pleasure and purpose. If most of the things on your list are about pleasure, that is what you think makes you happy. But you also need activities with purpose.

We usually know if something is fun, but we don't know what brings meaning. For example, most people think air pilots have jobs with clear purpose. They fly hundreds of people all over the world. But they spend a lot of time in boring hotels and airports and they do the same things hundreds of times. Those activities might not bring meaning – and they're probably not fun. So pilots also need to find pleasure and purpose in their work and life.

There are different ways we can find purpose in things. Some activities might be motivating because they work for the good of people and the world around us. Or what you do might help a team you're working in.

If you're a student, your 'job' is studying and passing exams. It's easy to do well in subjects you like, but subjects you don't like are less motivating. They're not fun for you, but you have to study them so you need to find purpose. An A in a subject you hate won't help the world. But can you be part of a study team with friends? Each person can study one part until they understand it and then teach it to the rest of the group. The purpose becomes helping the team.

Go back to your list of things that make you happy. How many of them are activities that bring purpose? Can you add any? Remember, some activities might bring both pleasure and purpose.

Now you need to design a happy life. Paul Dolan believes people should 'decide, design, do'. First decide what brings you pleasure and/or purpose – that means your two lists. Then, don't just think about these activities, fill your life with them. For example, you might love riding a bike but never have time to do it. So, ride to school or the library or the shops. If you live too far away, take your bike on the bus or train. Get off early and ride the rest of the way. If you go in the car, put it in the back, stop a few kilometres away and ride the rest. Or move somewhere you can ride more. Some parts of our lives are good or bad luck, but we can still design the rest to make more happiness

20. Everyone knows what makes them happy. T / F
21. You'll be happy if you're always having fun. T / F
22. Pilots have the best job in the world. T / F
23. Being in a team gives us purpose. T / F
24. School is the same, in some ways, as having a job. T / F
25. Only lucky people are happy. T / F

20.	21.	22.	23.	24.	25.

Task 4. Read the texts about English-speaking nations. Then read the statements (26 - 35) and write the country or countries (A, B, C or D).

English is of course spoken in the UK, the USA and Australia. But did you know that it's also the official language of so many more countries?

Ireland *Capital city*: Dublin *Official Languages*: English, Irish *Government*: republic *Population*: 6.5 million *Total area*: 84,421 km^2 *Currency*: Euro *Geography*: An island in the North Atlantic, west of Britain. It's the third largest island in Europe and comprises a central plain surrounded by low-lying mountains. *History*: The first settlers arrived around 4,500 BC from continental Europe and established a field system of agriculture for growing crops that may be among the oldest in the world. *Climate*: oceanic – cool temperatures and frequent rainfall. *Industry*: engineering, finance, software, IT and communications. *Interesting fact*: Between 1841 and 1921, four million people (half the country's population) emigrated to other English-speaking nations (UK, USA, Canada, Australia) largely due to economic crisis. Nowadays, about 35 million Americans can claim Irish ancestry.	**Barbados** *Capital city*: Bridgetown *Official Languages*: English, Barbadian *Government*: constitutional monarchy *Population*: 290,000 *Total area*: 439 km^2 *Currency*: Barbadian dollar *Geography*: A small island located in the Caribbean which is relatively flat with high point of 340 m. It can sometimes be hit by natural hazards like earthquakes and hurricanes. *History*: Inhabited by Amerindians from the 4th century until Spanish explorers arrived in the 15th century. It became a British colony two centuries later when settler from the UK began to arrive, but has been an independent country since 1966, remaining part of the Commonwealth with Queen Elizabeth II as head of state. *Climate:* tropical monsoon – hot with a wet season from June to November. Industry: sugarcane cultivation, manufacturing, offshore finance, tourism. *Interesting fact*: The pop star Rihanna is from Barbados, and lived there until she was 16 years old when she moved to the USA for her music career.
Singapore *Capital city*: Singapore *Official Languages*: English, Malay, Mandarin, Tamil *Government*: republic *Population*: 5.5 million	**New Zealand** *Capital city*: Wellington *Official Languages*: English, Maory *Government*: constitutional monarchy *Population*: 4.6 million *Total area*: 268,021 km^2 *Currency*: New Zealand dollar

Total area: 719 km^2 *Currency*: Singapore dollar *Geography*: A main island and 62 smaller islands located off the coast of Malaysia in south-east Asia. It was predominantly jungle, but is now a heavily urbanized nation. *History*: The Kingdom of Singapura was established in 1299 by the Malays. It was a British colony from 1819 to 1963, and is now an independent country although remains in the Commonwealth. *Climate:* tropical rainforests – hot with rainfall year-round Industry: finance, logistics, trade, oil refining, electronics, tourism. *Interesting fact*: Singapore is the world's only island city state and is often referred as the Lion City or Garden City.	*Geography*: An island country is in the south-west Pacific comprising North Island and South Island. Located 1,500 km east of Australia, it has high mountains, volcanoes and deep fjords. *History*: Pacific Islanders began to settle in this area from 1250, leading to the development of a Maori culture. The English explorer, James Cook, visited the islands in 1769, and in 1840 it became a British colony. It gained independence in 1947, but remains a Commonwealth country and is reined by Queen Elizabeth II. *Climate:* maritime – mild, with snowfall in the mountainous regions of South Island in winter. Industry: agriculture (wool, food products), wood, trade, manufacturing, tourism. *Interesting fact*: New Zealanders are nicknamed 'Kiwis', the name of a flightless bird native to the country and the national symbol. The kiwi is also a fruit grown in New Zealand.

Read the statements (26 - 35) and write the country or countries (A, B, C or D).

A. Ireland
B. Barbados
C. Singapore
D. New Zealand

26. It remained a British colony the longest. _____
27. The largest of these island countries. _____
28. They are located on either side of the Atlantic Ocean. _____ _____
29. A nation that is also known as a city-state. _____
30. The British head of state still reigns. ____ _____
31. It has the longest history. _____
32. Its settlers were predominantly English. _____
33. It has less than a million inhabitants. _____
34. The weather is predominantly hot and humid. ____ _____
35. Finance isn't such a main industry as in the other nations. _____

26.	27.	28.		29.	30.		31.	32.	33.	34.		35.

Task 5. Match the beginning and the ending of the expressions and idioms expressing happiness.

36.	More fun	A.	of laughs
37.	Happy-go-	B.	with two tails
38.	Be a barrel	C.	than the barrel of monkeys
39.	Like a dog	D.	from ear to ear
40.	Grinning	E.	lucky

36.	37.	38.	39.	40.

Task 6. Here the meaning of 10 phrasal verbs. Can you guess the verbs? Find these verbs in the text and write them according to the meaning.

41.	find something in a reference book	
42.	read quickly	
43.	revise	
44.	begin a journey	
45.	say goodbye	
46.	stop working	
47.	relax	
48.	register	
49.	rise into the air	
50.	take care of	

Ann and her boyfriend Joe were planning to spend a long weekend in the USA.

‘Why don’t we go to Manhatten?’ suggested Ann. ‘I’ve never been there.’

‘Where’s Manhatten? asked Joe. Ann looked up New York in the atlas and showed him. After going through some holiday brochures, Joe was convinced.

‘I’ll have to brush up my English before we go,’ said Ann. On the day of their holiday, they set off early to Amsterdam Schiphol airport. Joe’s mum saw them off at the station and they were on their way.

‘I hope the train doesn’t break down,’ said Joe.

‘Calm down! Of course, it won’t,’ replied Ann. Anyway, they reached the airport with no problems and checked in early for their flight. It was Joe’s first time in an aircraft and he felt very anxious as they took off.

‘There is no need to feel nervous. I’m here to look after you,’ said Ann.

Task 7. Look at the listening task again.

Is it easy to be happy from your personal point of view? Are you an optimistic person? What and who makes you happy?

Write an essay of **100-120** words to answer the questions above. Give it a title and conclude with the words from the song “These are a few of my favourite things”

Transfer your answers to your answer sheet!